

MOM

- Driver's License
- Insurance Card
- Nipple Butter/Cream
- Padded Undies
- Regular Dark Undies
- Phone Charger (Long cord)
- Chapstick
- Prenatal Vitamins
- Flip Flops
- Swimsuit
- Hard Candy
- Slippers
- Pajama Bottoms/Joggers
- Nursing Tank *
- Robe *
- Nursing Bra
- Travel size shampoo
- Travel size conditioner
- Makeup Remover Wipes
- Face Wash
- Face Lotion
- Deodorant
- Dry Shampoo
- Tooth Brush
- Tooth Paste
- Makeup
- Hair Ties & Bobby Pins
- Head Band
- Blow Dryer
- Straightener/Curler
- Gum
- Hydration drinks ie: Body Armor, Gatorade, etc.
- Poop Pills 😊
- _____
- _____
- _____

DAD

- Driver's License
- Deodorant
- Tooth Brush
- Underwear
- Socks
- Sweats
- Sandals
- T-Shirts
- Jeans
- Blanket
- Pillow
- _____
- _____

BABY

- Swaddle
- Burp Cloth
- Coming Home Outfit
- Outfit for Pictures
- Mittens
- Hat
- Car Seat
- Pacifier
- Blanket
- _____

MISC.

- iPad/Kindle
- Reading Materials
- Headphones
- Snacks
- Baby Memories Book
- Photo Props
- Camera
- Birth Plan
- Gifts for Nurses
- Notebook and Pen
- Playlist
- _____